

# Types of Advocacy of Services

## *Individual Advocacy*

Seeks to uphold the rights and interests of people with all types of disability on a one to one basis by addressing instances of discrimination, abuse and neglect. Individual advocates work with people on a short term and issue specific basis.

## *Self Advocacy*

Is about developing the personal skills and self confidence of people with a disability to enable them to advocate on their own behalf, ie training

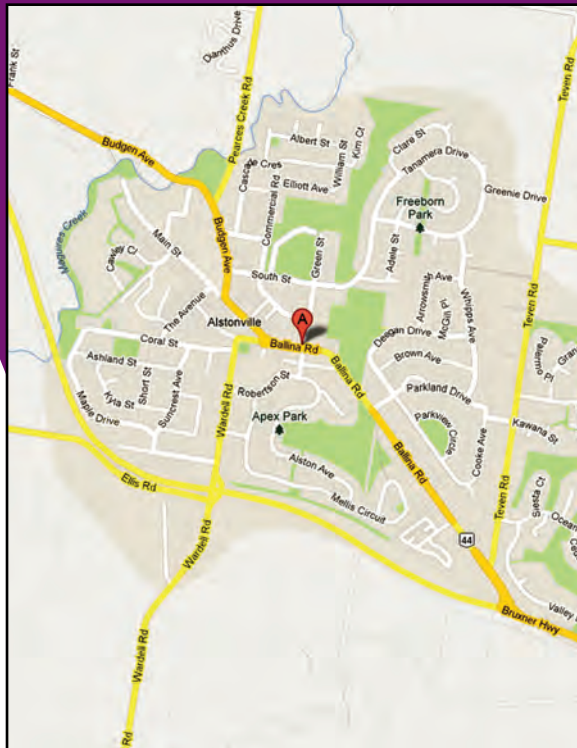
Includes a 3 day advocacy conference for people with disabilities.

## *Family advocacy*

Works with parents and family members to enable them to act as advocates on behalf of a family member with a disability. Family advocates work with parents and family members on a short term and issue specific basis.

**Please Note: We Do Not Offer Legal Representation.**

# STAND UP FOR YOURSELF! OR ASK FOR HELP



3/106 Main Street  
(P.O. Box 417)

Alstonville, NSW 2480

Email: [admin@abilityincorporated.org.au](mailto:admin@abilityincorporated.org.au)

Website: [www.abilityincorporated.org.au](http://www.abilityincorporated.org.au)

Telephone: 02 6628 8188

Fax: 02 6628 8199

**Toll Free : 1800 657 961**



# *Ability inc.*

*Protecting, Promoting, & Advancing the  
Rights of People with Disability.*

A free and confidential service for  
people with disabilities, their Families  
and Carers

Ph 0266 288 188

Toll Free 1800 657 961

Ability Incorporated Advocacy Service is Funded by the Australian Government Department Of Families, Housing, Communities Services And Indigenous Affairs (FAHCSIA) and the NSW Ageing, Disability And Home Care (ADHC) Agency.

# What *is* Advocacy?

## *Advocacy:*

- Is the act of supporting, pleading or arguing in favour of a cause, an idea, or a policy.
- Speaking acting or writing with : Minimal conflict of interest on behalf of the interests of a group, in order to defend the welfare of and justice for either the person or group by:
  - Being on their side and no-one else's
  - Being primarily concerned with their fundamental needs
  - Remaining loyal and accountable to them in a way which is emphatic and vigorous

## *An Advocate:*

- Listens to the person so they can accurately reflect their views and act fairly on their behalf.
- Acts in the best interest of the individual at all times and aims to increase the persons independence and confidence.

Ability Incorporated Advocacy Service is funded to advocate and support people with disabilities their families and carers.

# Who *Can Access* This Service?

Any person with a disability, family member or carer whose fundamental needs are not being met.

*We Advocate For People With*

Physical disability, Intellectual disability, Sensory disability, ABI (acquired brain injury), Neurological disability (e.g. Epilepsy), and Mental illness.

Ability Inc. can enable people with a disability to increase the power and control they have over their lives. We encourage and assist people with a disability to achieve and maintain their rights as citizens and achieve equity of access and participation within their communities.

# Referral *can be made by*

- Ringing us yourself
- Asking another service to ring us on your behalf
- Asking your family or carer to help you contact us.

## *Where Are We ?*

The office is located at 3/106 Main Street, Altsonville, NSW

*We cover the far North Coast from Tweed to Grafton*

